

**FREDAG  
25.08.2017****32 participants for event 101: 100m kvinner (Kvinner senior)**KVAL *PLANNED: 14:40:00***NO HEATS CREATED**

StartID	Name	Category	DOB	Club	PB
027	Okparaebo, Ezinne	Kvinner senior	03-03-1988	BUL	
110	Brubak, Mari Gilde	Kvinner senior	10-11-1990	Trondheim	
306	Håkegård, Cecilia Johanna Carneiro	Kvinner senior	07-12-1994	Selsbakk	
112	Vigdal, Julie Landrø	Kvinner senior	10-02-1997	Trondheim	
044	Jensen, Christine Bjelland	Kvinner senior	16-06-1994	Gular	
355	Eikeng, Ida	Kvinner senior	25-06-1999	Urædd	
039	Cederkvist, Astrid Mangen	Kvinner senior	23-02-1994	Sandnes	
058	Wathne, Agathe Holtan	Kvinner senior	25-07-1994	Sandnes	
115	Lund, Pernille Sina	Kvinner senior	23-12-1993	Bækkelagets SK	
242	Nyborg, Emily	Kvinner senior	25-07-1998	Steinkjer	
181	Rønningen, Helene	Kvinner senior	04-09-1998	Tyrving	
049	Nyfors, Malin Ingeborg	Kvinner senior	12-07-1997	Sandnes	
054	Storhaug, Liv	Kvinner senior	03-09-2000	Sandnes	
356	Pettersen, Marte	Kvinner senior	30-04-1997	Urædd	
307	Kulseth, Malin Bårdsgård	Kvinner senior	24-12-1996	Selsbakk	
317	Høidahl, Frida Hjertø	Kvinner senior	27-01-1998	Asker	
332	Meinseth, Ingvild	Kvinner senior	31-03-1999	Sørild	
051	Sandberg, Emilie	Kvinner senior	12-02-2000	Sandnes	
108	Sneen, Siv Krakeli	Kvinner senior	21-11-1992	Moelven	
339	Johannessen, Elin Serine Vik	Kvinner senior	02-08-2000	Lyngdal	
035	Aasmo, Vilde Humstad	Kvinner senior	10-10-1998	Sandnes	
375	Malmberg, Lone	Kvinner senior	17-10-2001	Sarpsborg	
043	Irgens, Hanne Berit	Kvinner senior	27-06-1994	Sandnes	
046	Johnsen, Nathalie Ommundsen	Kvinner senior	02-07-1998	Sandnes	
333	Mønsås, Malin	Kvinner senior	23-03-1999	Sørild	
325	Dhir, Emma Natalie Hagen	Kvinner senior	03-02-1999	Kr.sand IF	
190	Brakedal, Tone Sandtorv	Kvinner senior	04-05-1999	Stord	
340	Medic, Maja Emilia	Kvinner senior	05-07-2000	Lyngdal	
152	Søvik, Elise Sanden	Kvinner senior	16-07-1997	Norna-Salhus	
331	Lunde, Anastasia Zerguelidi	Kvinner senior	13-06-2001	Sørild	
055	Thorolfsdottir, Selma Lif	Kvinner senior	22-08-1998	Sandnes	
184	Stepankova, Petra	Kvinner senior	12-09-1986	Tyrving	

15 participants for event 103: 400m kvinner (Kvinner senior)

KVAL PLANNED: 16:10:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
049	Nyfors, Malin Ingeborg	Kvinner senior	12-07-1997	Sandnes	
232	Hynne, Hedda	Kvinner senior	13-03-1990	Strindheim	
198	Kloster, Line	Kvinner senior	27-02-1990	Vidar	
073	Hauge, Benedicte	Kvinner senior	19-01-1987	Tjalve	
303	Bjørkli Bakløkk, Jorunn	Kvinner senior	01-01-1998	Selsbakk	
308	Loe, Turid	Kvinner senior	23-06-1994	Selsbakk	
264	Høistad, Caroline Foss	Kvinner senior	16-08-1998	Ullensaker	
304	Havang, Sara	Kvinner senior	28-06-1994	Selsbakk	
330	Jensen, Sara Dorthea	Kvinner senior	15-03-1996	Sørild	
183	Skjæggestad, Marie	Kvinner senior	18-01-1999	Tyrving	
176	Iuel, Amalie Hammild	Kvinner senior	17-04-1994	Tyrving	
195	Føyen, Sigrid Leseth	Kvinner senior	23-08-2001	Vidar	
155	Tveit, June Sæbøe	Kvinner senior	14-04-1999	Norna-Salhus	
144	Jøsendal, Karen Johanne	Kvinner senior	06-06-1994	Norna-Salhus	
171	Anglero, Mina Marie	Kvinner senior	20-10-1997	Tyrving	

21 participants for event 105: 1500m kvinner (Kvinner senior)

KVAL PLANNED: 15:50:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
056	Toogood, Christina Maria	Kvinner senior	23-01-1989	Sandnes	
222	Kristiansen, Ingrid Emilsen	Kvinner senior	19-12-1992	Gular	
078	Pedersen, Lisbeth	Kvinner senior	20-11-1975	Tjalve	
065	Finne, Karoline Prestegård	Kvinner senior	24-02-1993	Tjalve	
063	Engeset, Kristine Eikrem	Kvinner senior	15-09-1988	Tjalve	
118	Dahle, Vienna Søyland	Kvinner senior	06-01-1992	Skjalg	
343	Thomassen, Lisa Maria	Kvinner senior	30-08-1994	Skarphedin	
232	Hynne, Hedda	Kvinner senior	13-03-1990	Strindheim	
033	Våg, Sigrid Jervell	Kvinner senior	06-06-1992	BUL	
059	Ziesler, Camilla Elise Øxnevad	Kvinner senior	09-05-2000	Sandnes	
023	Johansen, Anniken Rostad	Kvinner senior	17-05-1988	BUL	
079	Qvale, Marie Synnøve	Kvinner senior	05-07-1994	Tjalve	
361	Mørk, Emma Kirkeberg	Kvinner senior	20-12-2002	Hellas	
296	Hauen, Maren Hansen-Møllerud	Kvinner senior	05-07-1997	Reneng	
010	Myking, Ingvild	Kvinner senior	18-11-1999	Gneist	
103	Grøterud, Emilie Fossumstuen	Kvinner senior	01-04-1997	Moelven	
280	Frenay, Tessa	Kvinner senior	27-02-1996	Halden	
146	Lindstad, Silje	Kvinner senior	04-04-1997	Norna-Salhus	
244	Dommersnes, Kristine Lande	Kvinner senior	20-05-1999	Haugesund	
045	Johnsen, Guro Bakke	Kvinner senior	27-04-2000	Sandnes	
205	Watson, Mai Elin Blekastad	Kvinner senior	13-02-1989	Vidar	

**20 participants for event 106: 5000m kvinner (Kvinner senior)**

\* PLANNED: 18:25:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
078	Pedersen, Lisbeth	Kvinner senior	20-11-1975	Tjalve	
063	Engeset, Kristine Eikrem	Kvinner senior	15-09-1988	Tjalve	
118	Dahle, Vienna Søyland	Kvinner senior	06-01-1992	Skjalg	
079	Qvale, Marie Synnøve	Kvinner senior	05-07-1994	Tjalve	
010	Myking, Ingvild	Kvinner senior	18-11-1999	Gneist	
280	Frenay, Tessa	Kvinner senior	27-02-1996	Halden	
262	Fjørtoft, Silje	Kvinner senior	23-06-1987	Ullensaker	
363	Bergsløkken, Ida	Kvinner senior	22-05-1985	Royal	
214	Dvergsdal, Eli Anne	Kvinner senior	19-11-1991	Gular	
373	Wågan, Maria Sagnes	Kvinner senior	22-05-1992	Namndal	
191	Epland, Pernilla Eugenie	Kvinner senior	29-11-1990	Stord	
194	Falch, Runa Skrove	Kvinner senior	23-06-1990	Vidar	
204	Solheimdal, Live Johannessen	Kvinner senior	23-09-1996	Vidar	
216	Fresvik, Kjersti	Kvinner senior	09-02-1992	Gular	
360	Wangberg, Stine	Kvinner senior	23-03-1999	Varteig	
159	Salvesen, Kristin Andrea	Kvinner senior	27-10-1999	Kr.sand løp	
342	Roe, Mariann Austigard	Kvinner senior	31-01-1997	Skarphedin	
030	Sandem, Lene	Kvinner senior	28-11-1988	BUL	
369	Novik, Maryna	Kvinner senior	12-12-1981	Klypetussen	
248	Mosbron, Ann Kristin	Kvinner senior	13-08-1980	Haugesund	
233	Katharina Kahrs	Kvinner senior	20-01-1985	Strindheim	

**12 participants for event 109: 400mh kvinner (Kvinner senior)**

KVAL PLANNED: 14:20:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
198	Kloster, Line	Kvinner senior	27-02-1990	Vidar	
183	Skjæggestad, Marie	Kvinner senior	18-01-1999	Tyrving	
176	Iuel, Amalie Hammild	Kvinner senior	17-04-1994	Tyrving	
171	Anglero, Mina Marie	Kvinner senior	20-10-1997	Tyrving	
278	Vråle, Solveig Cristina Hernandez	Kvinner senior	26-07-1999	Sturla	
127	Slettum, Elisabeth	Kvinner senior	31-08-1986	Skjalg	
120	Jakobsen, Anna Bogunovic	Kvinner senior	19-03-1993	Skjalg	
163	Berg, Marthe Mjøen	Kvinner senior	20-12-1993	Dimna	
037	Bergem, Tina Helen	Kvinner senior	30-06-1994	Sandnes	
365	Wold, Nora Kollerød	Kvinner senior	21-06-1997	Fredrikstad	
268	Åsheim, Vår	Kvinner senior	28-04-1999	Ullensaker	
318	Kapstad, Frida Winther	Kvinner senior	30-07-1999	Asker	

**18 participants for event 111: Lengde kvinner (Kvinner senior)**

KVAL *PLANNED: 15:20:00*

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	054 Storhaug, Liv	Kvinner senior	03-09-2000	Sandnes	
	043 Irgens, Hanne Berit	Kvinner senior	27-06-1994	Sandnes	
	190 Brakedal, Tone Sandtorv	Kvinner senior	04-05-1999	Stord	
	352 Fleischer, Caroline Sophie Røhm	Kvinner senior	26-10-1996	Ski	
	179 Mögenburg, Katarina	Kvinner senior	16-06-1991	Tyrving	
	150 Onstad, Oda Utsi	Kvinner senior	12-05-1990	Norna-Salhus	
	348 Marcussen, Ida	Kvinner senior	01-11-1987	Våg	
	080 Renstrøm, Margrethe	Kvinner senior	21-03-1985	Tjalve	
	088 Myrmel, Lene Secher	Kvinner senior	18-05-1986	Fri	
	180 Røe, Marthe Sofie Haugli	Kvinner senior	12-08-1998	Tyrving	
	243 Nyborg, Jenny Elisabeth	Kvinner senior	16-04-1996	Steinkjer	
	154 Thorsheim, Andrea	Kvinner senior	03-02-2001	Norna-Salhus	
	334 Bremset, Thale Leirfall	Kvinner senior	12-04-1999	Stjørdal	
	347 Kleive, Sigrid	Kvinner senior	22-02-2000	Ålesund	
	166 Kvalen, Johanne Rise	Kvinner senior	28-02-2000	Dimna	
	371 Sætre, Caroline Amalie	Kvinner senior	10-05-2001	Fiskå	
	219 Hilton, Live Haugstad	Kvinner senior	12-09-1999	Gular	
	165 Grimstad, Renate	Kvinner senior	18-07-1992	Dimna	

**11 participants for event 113: Høyde kvinner (Kvinner senior)**

\* *PLANNED: 18:30:00*

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	043 Irgens, Hanne Berit	Kvinner senior	27-06-1994	Sandnes	
	055 Thorolfsdottir, Selma Lif	Kvinner senior	22-08-1998	Sandnes	
	096 Høystad, Karen	Kvinner senior	12-08-1998	Lillehammer	
	349 Abrahamsen, Charlotte Lund	Kvinner senior	22-08-1987	Sandvin	
	207 Dale, Elin Maria Forsberg	Kvinner senior	08-12-1996	Herkules	
	352 Fleischer, Caroline Sophie Røhm	Kvinner senior	26-10-1996	Ski	
	351 Nedberg, Tonje	Kvinner senior	25-12-1999	Sandvin	
	148 Mork, Ingrid Færøvik	Kvinner senior	12-05-1999	Norna-Salhus	
	335 Bremset, Thea Leirfall	Kvinner senior	12-04-1999	Stjørdal	
	061 Angelsen, Tonje	Kvinner senior	17-01-1990	Tjalve	
	179 Mögenburg, Katarina	Kvinner senior	16-06-1991	Tyrving	

**6 participants for event 114: Stav kvinner (Kvinner senior)**

\* *PLANNED: 16:45:00*

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	029 Retzius, Lene Onsrud	Kvinner senior	04-01-1996	BUL	
	255 Faye, Kitty Augusta Friele	Kvinner senior	17-08-2002	Fana	
	353 Hauge, Hedda Marie Kjølberg	Kvinner senior	26-05-2001	Ski	
	265 Kjuus, Birgitte	Kvinner senior	30-05-1999	Ullensaker	
	338 Ruud, Stine Grong	Kvinner senior	28-03-1994	Stjørdal	
	109 Sunde, Tiril Malm	Kvinner senior	29-01-1997	Moelven	

**12 participants for event 115: Slegge kvinner (Kvinner senior)**

\* *PLANNED: 16:50:00*

**NO HEATS CREATED**

Order	StartID Name	Category	DOB	Club	PB
	142 Jaidi, Mona Ekroll	Kvinner senior	01-02-1995	Norna-Salhus	
	372 Thunem, Kristina	Kvinner senior	20-05-1998	Fiskå	
	292 Årdal, Marte Rygg	Kvinner senior	05-07-1992	Gloppen	
	093 Llano, Beatrice Nedberge	Kvinner senior	14-12-1997	Laksevåg	
	139 Ingvaldsen, Helene Sofie Slottholm	Kvinner senior	22-06-1996	Norna-Salhus	
	316 Holten, Vilde Indseth	Kvinner senior	22-01-1997	Asker	
	370 Skjevraak, Gro Hennestad	Kvinner senior	17-03-1978	Undheim	
	283 Stenersrød, Silje Elizabeth Bergstrøm	Kvinner senior	17-01-1994	Halden	
	290 Raad, Trude	Kvinner senior	27-04-1990	Gloppen	
	140 Ingvaldsen, Vilde Emilie	Kvinner senior	05-03-1999	Norna-Salhus	
	141 Iversen, Inga Amalie	Kvinner senior	20-01-2000	Norna-Salhus	
	225 Myklebust, Oda Marie	Kvinner senior	22-03-2001	Gular	

**11 participants for event 116: Kule kvinner (Kvinner senior)**

\* *PLANNED: 17:30:00*

**NO HEATS CREATED**

Order	StartID Name	Category	DOB	Club	PB
	349 Abrahamsen, Charlotte Lund	Kvinner senior	22-08-1987	Sandvin	
	350 Gravningen, Elise	Kvinner senior	04-01-1998	Sandvin	
	094 Llano, Paula Nedberge	Kvinner senior	01-05-1995	Laksevåg	
	274 Isene, Berit Stunes	Kvinner senior	15-01-1998	Sturla	
	142 Jaidi, Mona Ekroll	Kvinner senior	01-02-1995	Norna-Salhus	
	295 Rønning, Camilla Leonardsen	Kvinner senior	12-06-1995	Nittedal	
	090 Roe, Matilde	Kvinner senior	09-10-1996	Fri	
	005 Greiff, Linnea	Kvinner senior	16-05-1998	Tønsberg	
	368 Jørgenrud, Marit	Kvinner senior	23-04-1995	Spydeberg	
	319 Rosvold, Elisabeth Thon	Kvinner senior	13-11-2002	Asker	
	372 Thunem, Kristina	Kvinner senior	20-05-1998	Fiskå	

**6 participants for event 119: 3000m kappg kvinner (Kvinner senior)**

\* *PLANNED: 17:30:00*

**NO HEATS CREATED**

Order	StartID Name	Category	DOB	Club	PB
	288 Helgheim, Merete	Kvinner senior	19-09-1980	Gloppen	
	313 Sjøblom, Ellen Elisabeth Nordqvist	Kvinner senior	09-09-1999	Moss	
	004 Greiff, Josefin	Kvinner senior	16-05-1998	Tønsberg	
	164 Flatin, Fride Møller	Kvinner senior	28-09-1997	Dimna	
	359 Løseth, Lisa Måren	Kvinner senior	16-02-2001	Høyang	
	091 Glittenberg, Siri Gamst	Kvinner senior	10-09-2002	Laksevåg	

**FREDAG**  
**25.08.2017**

**46 participants for event 201: 100m menn (Menn senior)**

**KVAL** *PLANNED: 15:10:00*

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
052	Sandberg, Joachim	Menn senior	18-05-1995	Sandnes	
085	Winger, Alexander Dahlstrøm	Menn senior	07-05-1989	Tjalve	
036	Andersen, Andres Stokka	Menn senior	07-02-1992	Sandnes	
050	Osazuwa, Peter Efe Rasmussen	Menn senior	07-07-1989	Sandnes	
224	Lysne, Torbjørn	Menn senior	30-01-1990	Gular	
271	Kjerpeset, Øyvind Strømmen	Menn senior	12-12-1991	Florø	
128	Storhaug, Lars Jøran	Menn senior	29-06-1989	Skjalg	
111	Thorshaug, Eirik	Menn senior	10-05-1987	Trondheim	
014	Grønnhaug, Jonas Andre	Menn senior	27-09-1989	Ranheim	
173	Gulbrandsen, Kenneth Vik	Menn senior	25-05-1997	Tyrving	
019	Buhagen, Kristoffer	Menn senior	04-02-1992	BUL	
028	Panchalingam, Nivethan Sutharsan	Menn senior	06-09-1993	BUL	
018	Stølen, Brede Solberg	Menn senior	27-02-1993	Ranheim	
011	Sjursen, Amund Høie	Menn senior	16-01-1996	Gneist	
057	Walker, Hans Christian Alexander	Menn senior	22-03-1995	Sandnes	
102	Akvama, Jevis	Menn senior	31-05-1989	Moelven	
188	Fluge, Vegard	Menn senior	11-03-1995	Ask	
209	Sigurdson, Simen Dyrkoll	Menn senior	22-01-1993	Herkules	
259	Quarcoo, Jonathan Tetteh	Menn senior	13-10-1996	Orion	
100	Rosenberg, Michael	Menn senior	10-05-1990	Lillehammer	
147	Marthinussen, Christian	Menn senior	28-12-1983	Norna-Salhus	
104	Gyedu, Samuel	Menn senior	01-05-1994	Moelven	
099	Morken, Kjell Håkon	Menn senior	20-04-1993	Lillehammer	
047	Meinseth, Even	Menn senior	22-05-1996	Sandnes	
097	Larsen, Tormod Hjortnæs	Menn senior	29-07-1986	Lillehammer	
009	Lillefosse, Pål Haugen	Menn senior	04-06-2001	Gneist	
131	Bifuko, Patrick Monga	Menn senior	12-01-1996	Norna-Salhus	
167	Masters, Nicolas Roppen	Menn senior	06-10-1997	Dimna	
366	Fossøy, Jostein Joshua Dupa	Menn senior	01-09-1992	Førde	
031	Santiago, Riquelvys Rafael	Menn senior	01-01-1987	BUL	
086	Amundsen, Sondre Faugstad	Menn senior	25-09-1998	Fri	
121	Johansen, Mathias Hove	Menn senior	27-09-1998	Skjalg	
071	Guillen Perez, Sebastian	Menn senior	31-01-1997	Tjalve	
024	Kyeremeh, Stephan Skogheim	Menn senior	24-01-2001	BUL	
016	Mensah, Christian	Menn senior	20-04-1996	Ranheim	
116	Luong, Khoa Henrik	Menn senior	13-12-1993	Bækkelagets SK	
136	Gjesdal, Sondre Lindaas	Menn senior	19-05-1998	Norna-Salhus	
189	Johansen, Daniel Alejandro	Menn senior	19-08-1998	Ask	
125	Owusu, Stephen	Menn senior	02-04-1998	Skjalg	
272	Mikkelljord, Erik Tanawat	Menn senior	01-02-1999	Hattfjelldal	
122	Kononovs, Sergejs	Menn senior	08-01-1989	Skjalg	
269	Angelshaug, Lasse Solheim	Menn senior	01-01-1998	Florø	
053	Siemieniuch, Tomasz	Menn senior	23-01-2000	Sandnes	
193	Vaula, Jacob	Menn senior	01-08-2001	Stord	
034	Wayu, Birmeji Geda	Menn senior	27-08-1997	BUL	
174	Halonen, Jonas Tapani	Menn senior	18-01-1995	Tyrving	

23 participants for event 204: 800m menn (Menn senior)

KVAL PLANNED: 19:35:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
042	Ingebrigtsen, Jakob	Menn senior	19-09-2000	Sandnes	
041	Ingebrigtsen, Filip	Menn senior	20-04-1993	Sandnes	
294	Hjelmeset, Lars Agnar	Menn senior	18-08-2001	Nittedal	
217	Grindedal, Kristoffer Janson	Menn senior	12-05-1989	Gular	
273	Edman, Ferdinand Kvan	Menn senior	12-02-1993	Sturla	
324	Viken, Ånung	Menn senior	23-03-1993	Vollan	
301	Bredesen, Tor Alfred	Menn senior	21-11-1993	Snøgg	
267	Roth, Thomas Arne	Menn senior	11-02-1991	Ullensaker	
266	Roth, Per Andreas	Menn senior	29-04-1993	Ullensaker	
314	Omvik, Sindre Solbakken	Menn senior	18-08-1993	Rosendal	
210	Borge, Vebjørn	Menn senior	14-02-1994	Gular	
186	Warlo, Didrik Hexeberg	Menn senior	12-01-1999	Tyrving	
218	Heggøy, Thomas Myklebust	Menn senior	25-05-1994	Gular	
346	Mjelde, Trygve Feidje	Menn senior	11-11-1994	Osterøy	
249	Nesheim, Leonard-Johan	Menn senior	04-01-1995	Haugesund	
263	Hanssen, Henrik	Menn senior	08-08-1997	Ullensaker	
006	Bjørndal, Anders	Menn senior	08-07-1995	Gneist	
162	Andersen, Ådne	Menn senior	18-01-1994	Dimna	
161	Tveit, Sigurd	Menn senior	16-03-2000	Kr.sand løp	
297	Oustad, Emil	Menn senior	20-07-1989	Reneng	
199	Kroken, Ola	Menn senior	14-04-1998	Vidar	
157	Mushom, Håkon	Menn senior	23-09-1993	Kr.sand løp	
135	Garcia, Yeimer Lopez	Menn senior	28-08-1982	Norna-Salhus	

41 participants for event 206: 5000m menn (Menn senior)

\* PLANNED: 18:00:00



NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
202	Næss, Harald Solhaug	Menn senior	02-08-1988	Vidar	
260	Skjeseth, Sigurd Ruud	Menn senior	24-12-1996	Orion	
238	Fremo, Thomas	Menn senior	27-11-1987	Fjellørnen	
200	Moen, Sondre Nordstad	Menn senior	12-01-1991	Vidar	
251	Fines, Ola Berg	Menn senior	15-12-1990	Mosvik	
239	Færø, Halfdan-Emil	Menn senior	07-06-1991	Varegg	
237	Lomås, Erik	Menn senior	12-01-1993	Salangen	
226	Svela, Per	Menn senior	19-03-1992	Gular	
241	Nordtug, Henrik	Menn senior	07-02-1987	Steinkjer	
192	Kårbø, Tom Erling	Menn senior	04-02-1989	Stord	
042	Ingebrigtsen, Jakob	Menn senior	19-09-2000	Sandnes	
041	Ingebrigtsen, Filip	Menn senior	20-04-1993	Sandnes	
196	Gramstad, Eirik	Menn senior	24-09-1984	Vidar	
230	Eide, Trond Ørjan	Menn senior	18-01-1990	Strindheim	
160	Tjørnholm, Kristian	Menn senior	19-09-1995	Kr.sand løp	
250	Tørsdal, Ole Mikal	Menn senior	21-06-1991	Haugesund	
227	Vedvik, Marius Øyre	Menn senior	18-03-1992	Gular	
235	Rypdal, Petter Mekvik	Menn senior	30-10-1993	Strindheim	
236	Sørtveit, Erlend Gjerdevik	Menn senior	17-12-1994	Strindheim	
211	Bøhmer, Jens	Menn senior	29-04-1993	Gular	
234	Pedersli, Trond Einar Moen	Menn senior	21-02-1994	Strindheim	
240	Flak, Mathias	Menn senior	26-05-1999	Steinkjer	
220	Hjellum, Magnus Sirnes	Menn senior	03-02-1994	Gular	
223	Lillefosse, Bjørnar Sandnes	Menn senior	17-07-1992	Gular	
322	Sandvik, Fredrik	Menn senior	23-03-1998	Askim	
323	Sødal, Joakim	Menn senior	10-04-1997	Kyrksæterøra	
007	Iden, Andreas	Menn senior	10-03-1995	Gneist	
229	Bjørgum, Mats	Menn senior	21-02-1994	Strindheim	
364	Flø, August Magnus Stensrød	Menn senior	28-09-1995	Fredrikstad	
119	Grønnevig, Ørjan	Menn senior	14-02-1991	Skjalg	
311	Kjeldsli, Ørjan	Menn senior	29-04-1996	Stadsbygd	
215	Fagerbakke, Eldar Thomassen	Menn senior	27-06-1997	Gular	
294	Hjelmeset, Lars Agnar	Menn senior	18-08-2001	Nittedal	
022	Gebretsadik, Weldu Negash	Menn senior	12-11-1986	BUL	
048	Nordås, Narve Gilje	Menn senior	30-09-1998	Sandnes	
067	Fissehatsion, Senay Amlesom	Menn senior	10-12-1995	Tjalve	
329	Øglænd, Håvard Lalit	Menn senior	13-12-1996	Stavanger	
124	Mezngi, Zerei	Menn senior	12-01-1986	Skjalg	
231	Gebrehiwet, Haben Brhane	Menn senior	11-06-1991	Strindheim	
302	Hammer, Jonas	Menn senior	10-03-1991	Lørenskog	
228	Abdulaziz, Ebrahim	Menn senior	17-11-1978	Strindheim	

8 participants for event 211: Lengde menn (Menn senior)

\* PLANNED: 17:35:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	018 Stølen, Brede Solberg	Menn senior	27-02-1993	Ranheim	
	011 Sjursen, Amund Høie	Menn senior	16-01-1996	Gneist	
	089 Roe, Martin	Menn senior	01-04-1992	Fri	
	072 Hallquist, Odin	Menn senior	01-10-1997	Tjalve	
	168 Opsal, Toralv	Menn senior	09-03-1998	Dimna	
	170 Rise, Lars Vikan	Menn senior	23-11-1988	Nidelv	
	003 Flåtnes, Henrik	Menn senior	26-12-2001	Tønsberg	
	178 Mögenburg, Jonas	Menn senior	18-02-1990	Tyrving	

7 participants for event 218: Diskos menn (Menn senior)

\* PLANNED: 18:45:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	275 Isene, Ola Stunes	Menn senior	29-01-1995	Sturla	
	320 Rosvold, Erik Johannes	Menn senior	13-11-1998	Asker	
	315 Pay, Bjørn Terje Newman	Menn senior	05-03-1974	Ros	
	089 Roe, Martin	Menn senior	01-04-1992	Fri	
	081 Rosvold, Thor Olav	Menn senior	02-07-1996	Tjalve	
	151 Skagestad, Sven Martin Nilssen	Menn senior	13-01-1995	Norna-Salhus	
	327 Weinberg, Fabian	Menn senior	26-05-2001	Kr.sand IF	

2 participants for event 219: 5000m kappg menn (Menn senior)

\* PLANNED: 17:30:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	321 Røtnes, Fredrik Vaeng	Menn senior	20-03-1996	BUL-Tromsø	
	137 Haukenes, Håvard	Menn senior	22-04-1990	Norna-Salhus	

**33 participants for event 102: 200m kvinner (Kvinner senior)**

KVAL *PLANNED:* 12:55:00

**NO HEATS CREATED**

StartID	Name	Category	DOB	Club	PB
110	Brubak, Mari Gilde	Kvinner senior	10-11-1990	Trondheim	
112	Vigdal, Julie Landrø	Kvinner senior	10-02-1997	Trondheim	
044	Jensen, Christine Bjelland	Kvinner senior	16-06-1994	Gular	
039	Cederkvist, Astrid Mangen	Kvinner senior	23-02-1994	Sandnes	
058	Wathne, Agathe Holtan	Kvinner senior	25-07-1994	Sandnes	
115	Lund, Pernille Sina	Kvinner senior	23-12-1993	Bækkelagets SK	
181	Rønningen, Helene	Kvinner senior	04-09-1998	Tyrving	
049	Nyfors, Malin Ingeborg	Kvinner senior	12-07-1997	Sandnes	
054	Storhaug, Liv	Kvinner senior	03-09-2000	Sandnes	
356	Pettersen, Marte	Kvinner senior	30-04-1997	Urædd	
307	Kulseth, Malin Bårdsgård	Kvinner senior	24-12-1996	Selsbakk	
317	Høidahl, Frida Hjertø	Kvinner senior	27-01-1998	Asker	
332	Meinseth, Ingvild	Kvinner senior	31-03-1999	Sørild	
108	Sneen, Siv Krakeli	Kvinner senior	21-11-1992	Moelven	
339	Johannessen, Elin Serine Vik	Kvinner senior	02-08-2000	Lyngdal	
043	Irgens, Hanne Berit	Kvinner senior	27-06-1994	Sandnes	
325	Dhir, Emma Natalie Hagen	Kvinner senior	03-02-1999	Kr.sand IF	
340	Medic, Maja Emilia	Kvinner senior	05-07-2000	Lyngdal	
184	Stepankova, Petra	Kvinner senior	12-09-1986	Tyrving	
198	Kloster, Line	Kvinner senior	27-02-1990	Vidar	
073	Hauge, Benedicte	Kvinner senior	19-01-1987	Tjalve	
303	Bjørkli Bakløkk, Jorunn	Kvinner senior	01-01-1998	Selsbakk	
330	Jensen, Sara Dorthea	Kvinner senior	15-03-1996	Sørild	
176	Iuel, Amalie Hammild	Kvinner senior	17-04-1994	Tyrving	
195	Føyen, Sigrid Leseth	Kvinner senior	23-08-2001	Vidar	
155	Tveit, June Sæbøe	Kvinner senior	14-04-1999	Norna-Salhus	
127	Slettum, Elisabeth	Kvinner senior	31-08-1986	Skjalg	
120	Jakobsen, Anna Bogunovic	Kvinner senior	19-03-1993	Skjalg	
334	Bremset, Thale Leirfall	Kvinner senior	12-04-1999	Stjørdal	
166	Kvalen, Johanne Rise	Kvinner senior	28-02-2000	Dimna	
371	Sætre, Caroline Amalie	Kvinner senior	10-05-2001	Fiskå	
219	Hilton, Live Haugstad	Kvinner senior	12-09-1999	Gular	
276	Løken, Josefine Grønset	Kvinner senior	25-09-1999	Sturla	

23 participants for event 104: 800m kvinner (Kvinner senior)

KVAL PLANNED: 14:15:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
222	Kristiansen, Ingrid Emilsen	Kvinner senior	19-12-1992	Gular	
343	Thomassen, Lisa Maria	Kvinner senior	30-08-1994	Skarphedin	
033	Våg, Sigrid Jervell	Kvinner senior	06-06-1992	BUL	
059	Ziesler, Camilla Elise Øxnevad	Kvinner senior	09-05-2000	Sandnes	
023	Johansen, Anniken Rostad	Kvinner senior	17-05-1988	BUL	
296	Hauen, Maren Hansen-Møllerud	Kvinner senior	05-07-1997	Reneng	
103	Grøterud, Emilie Fossumstuen	Kvinner senior	01-04-1997	Moelven	
146	Lindstad, Silje	Kvinner senior	04-04-1997	Norna-Salhus	
308	Loe, Turid	Kvinner senior	23-06-1994	Selsbakk	
264	Høistad, Caroline Foss	Kvinner senior	16-08-1998	Ullensaker	
144	Jøsendal, Karen Johanne	Kvinner senior	06-06-1994	Norna-Salhus	
171	Anglero, Mina Marie	Kvinner senior	20-10-1997	Tyrving	
037	Bergem, Tina Helen	Kvinner senior	30-06-1994	Sandnes	
070	Grøvdal, Karoline Bjerkeli	Kvinner senior	14-06-1990	Tjalve	
221	Indrebø, Lena	Kvinner senior	06-08-1992	Gular	
020	Elvemo, Yngvild	Kvinner senior	28-05-1990	BUL	
247	Henriksen, Vilde Våge	Kvinner senior	16-09-2000	Haugesund	
082	Svortevik, Vilde Jakobsen	Kvinner senior	18-05-1994	Tjalve	
201	Njaastad, Sanne	Kvinner senior	16-04-2000	Vidar	
326	Sæten, Amalie Manshaus	Kvinner senior	01-12-1997	Kr.sand IF	
358	Halle, Petronella Tordsdatter	Kvinner senior	07-10-2002	Sandefjord	
357	Engesæth, Andrea Modin	Kvinner senior	06-07-2001	Sandefjord	
156	Hjort Arntsen, Anne	Kvinner senior	21-06-2001	Kr.sand løp	

3 participants for event 110: 3000mh kvinner (Kvinner senior)

\* PLANNED: 16:00:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
010	Myking, Ingvild	Kvinner senior	18-11-1999	Gneist	
146	Lindstad, Silje	Kvinner senior	04-04-1997	Norna-Salhus	
070	Grøvdal, Karoline Bjerkeli	Kvinner senior	14-06-1990	Tjalve	

13 participants for event 117: Spyd kvinner (Kvinner senior)

\* PLANNED: 16:30:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	355 Eikeng, Ida	Kvinner senior	25-06-1999	Urædd	
	005 Greiff, Linnea	Kvinner senior	16-05-1998	Tønsberg	
	347 Kleive, Sigrid	Kvinner senior	22-02-2000	Ålesund	
	337 Marstad, Mali Ingeborg Vollan	Kvinner senior	09-12-1997	Stjørdal	
	172 Dahlen, Ane	Kvinner senior	06-06-1994	Tyrving	
	114 Kristianslund, Kristina	Kvinner senior	25-06-1993	Bækkelagets SK	
	345 Borge, Sigrid	Kvinner senior	03-12-1995	Osterøy	
	336 Johnsen, Julie Heiervang	Kvinner senior	25-07-1996	Stjørdal	
	025 Morais, Arianne Duarte	Kvinner senior	23-05-1999	BUL	
	341 Dahle, Tove Beate	Kvinner senior	06-04-1988	Isfjorden	
	344 Haugland, Andrine Hjellen	Kvinner senior	18-02-1999	Ørsta	
	328 Weinberg, Stella	Kvinner senior	21-10-1998	Kr.sand IF	
	281 Ingerø, Emilie	Kvinner senior	28-09-1995	Halden	

31 participants for event 202: 200m menn (Menn senior)

KVAL PLANNED: 12:20:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
085	Winger, Alexander Dahlstrøm	Menn senior	07-05-1989	Tjalve	
050	Osazuwa, Peter Efe Rasmussen	Menn senior	07-07-1989	Sandnes	
224	Lysne, Torbjørn	Menn senior	30-01-1990	Gular	
271	Kjerpeset, Øyvind Strømmen	Menn senior	12-12-1991	Florø	
111	Thorshaug, Eirik	Menn senior	10-05-1987	Trondheim	
173	Gulbrandsen, Kenneth Vik	Menn senior	25-05-1997	Tyrving	
028	Panchalingam, Nivethan Sutharsan	Menn senior	06-09-1993	BUL	
057	Walker, Hans Christian Alexander	Menn senior	22-03-1995	Sandnes	
188	Fluge, Vegard	Menn senior	11-03-1995	Ask	
209	Sigurdson, Simen Dyrkoll	Menn senior	22-01-1993	Herkules	
259	Quarcoo, Jonathan Tetteh	Menn senior	13-10-1996	Orion	
099	Morken, Kjell Håkon	Menn senior	20-04-1993	Lillehammer	
097	Larsen, Tormod Hjortnæs	Menn senior	29-07-1986	Lillehammer	
131	Bifuko, Patrick Monga	Menn senior	12-01-1996	Norna-Salhus	
167	Masters, Nicolas Roppen	Menn senior	06-10-1997	Dimna	
031	Santiago, Riquelvys Rafael	Menn senior	01-01-1987	BUL	
086	Amundsen, Sondre Faugstad	Menn senior	25-09-1998	Fri	
121	Johansen, Mathias Hove	Menn senior	27-09-1998	Skjalg	
071	Guillen Perez, Sebastian	Menn senior	31-01-1997	Tjalve	
024	Kyeremeh, Stephan Skogheim	Menn senior	24-01-2001	BUL	
136	Gjesdal, Sondre Lindaas	Menn senior	19-05-1998	Norna-Salhus	
189	Johnsen, Daniel Alejandro	Menn senior	19-08-1998	Ask	
125	Owusu, Stephen	Menn senior	02-04-1998	Skjalg	
272	Mikkeljord, Erik Tanawat	Menn senior	01-02-1999	Hattfjelldal	
122	Kononovs, Sergejs	Menn senior	08-01-1989	Skjalg	
269	Angelshaug, Lasse Solheim	Menn senior	01-01-1998	Florø	
053	Siemieniuch, Tomasz	Menn senior	23-01-2000	Sandnes	
174	Halonon, Jonas Tapani	Menn senior	18-01-1995	Tyrving	
185	Stølen, Lars Gausemel	Menn senior	04-09-1997	Tyrving	
126	Pedersen, Daniel Nikolai Nilsen	Menn senior	23-02-1998	Skjalg	
153	Talm, Josh-Kevin Ramirez	Menn senior	03-05-1996	Norna-Salhus	

15 participants for event 203: 400m menn (Menn senior)

KVAL *PLANNED:* 13:55:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
052	Sandberg, Joachim	Menn senior	18-05-1995	Sandnes	
217	Grindedal, Kristoffer Janson	Menn senior	12-05-1989	Gular	
266	Roth, Per Andreas	Menn senior	29-04-1993	Ullensaker	
249	Nesheim, Leonard-Johan	Menn senior	04-01-1995	Haugesund	
185	Stølen, Lars Gausemel	Menn senior	04-09-1997	Tyrving	
126	Pedersen, Daniel Nikolai Nilsen	Menn senior	23-02-1998	Skjalg	
153	Talm, Josh-Kevin Ramirez	Menn senior	03-05-1996	Norna-Salhus	
106	Kåshagen, Mauritz	Menn senior	15-02-1989	Moelven	
105	Kåshagen, Carl Emil	Menn senior	09-02-1991	Moelven	
169	Warholm, Karsten	Menn senior	28-02-1996	Dimna	
208	Heldal, Torbjørn Fossum	Menn senior	13-11-1993	Herkules	
187	Semb, Henrik	Menn senior	12-03-1996	Larvik Turn	
032	Thompson, Luca	Menn senior	24-11-2000	BUL	
123	Lubsen, Mike	Menn senior	22-04-1995	Skjalg	
143	Jatta, Muhammed Dodou	Menn senior	30-01-1998	Norna-Salhus	

**31 participants for event 205: 1500m menn (Menn senior)**

KVAL *PLANNED: 13:35:00*

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
192	Kårbø, Tom Erling	Menn senior	04-02-1989	Stord	
042	Ingebrigtsen, Jakob	Menn senior	19-09-2000	Sandnes	
196	Gramstad, Eirik	Menn senior	24-09-1984	Vidar	
160	Tjørnholm, Kristian	Menn senior	19-09-1995	Kr.sand løp	
240	Flak, Mathias	Menn senior	26-05-1999	Steinkjer	
323	Sødal, Joakim	Menn senior	10-04-1997	Kyrksæterøra	
311	Kjeldsli, Ørjan	Menn senior	29-04-1996	Stadsbygd	
294	Hjelmeset, Lars Agnar	Menn senior	18-08-2001	Nittedal	
329	Øglænd, Håvard Lalit	Menn senior	13-12-1996	Stavanger	
273	Edman, Ferdinand Kvan	Menn senior	12-02-1993	Sturla	
324	Viken, Ånung	Menn senior	23-03-1993	Vollan	
301	Bredesen, Tor Alfred	Menn senior	21-11-1993	Snøgg	
314	Omvik, Sindre Solbakken	Menn senior	18-08-1993	Rosendal	
218	Heggøy, Thomas Myklebust	Menn senior	25-05-1994	Gular	
346	Mjelde, Trygve Feidje	Menn senior	11-11-1994	Osterøy	
263	Hanssen, Henrik	Menn senior	08-08-1997	Ullensaker	
006	Bjørndal, Anders	Menn senior	08-07-1995	Gneist	
162	Andersen, Ådne	Menn senior	18-01-1994	Dimna	
258	Dahl, Even Brøndbo	Menn senior	24-08-1994	Orion	
138	Hovlandsdal, Erik	Menn senior	18-06-1989	Norna-Salhus	
068	Fløystad, Hans Kristian	Menn senior	03-04-1989	Tjalve	
246	Hauge, Mats	Menn senior	16-07-1997	Haugesund	
062	Byrkjeland, Thomas Jefferson	Menn senior	11-02-1998	Tjalve	
197	Hovig, Ulrik Strømmen Røstad	Menn senior	05-07-1990	Vidar	
158	Pedersen, Erik Udø	Menn senior	09-04-1994	Kr.sand løp	
310	Juven, Sondre	Menn senior	17-04-1999	Nesbyen	
213	Dingsør, Sondre	Menn senior	03-02-1996	Gular	
305	Hir, Abduljaleel Mohamoud Ismail	Menn senior	22-09-1995	Selsbakk	
212	Dahle, Vidar	Menn senior	26-02-1988	Gular	
312	Lolland, Ulrik Grevle	Menn senior	25-05-1992	Moss	
012	Åstveit, Jens Larsen	Menn senior	11-05-1997	Gneist	

**9 participants for event 210: 3000mh menn (Menn senior)**

\* *PLANNED: 16:25:00*

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
192	Kårbø, Tom Erling	Menn senior	04-02-1989	Stord	
042	Ingebrigtsen, Jakob	Menn senior	19-09-2000	Sandnes	
223	Lillefosse, Bjørnar Sandnes	Menn senior	17-07-1992	Gular	
322	Sandvik, Fredrik	Menn senior	23-03-1998	Askim	
321	Rønnes, Fredrik Vaeng	Menn senior	20-03-1996	BUL-Tromsø	
305	Hir, Abduljaleel Mohamoud Ismail	Menn senior	22-09-1995	Selsbakk	
015	Gåsvær, Ola Martin Torgrimssønn	Menn senior	15-07-1998	Ranheim	
038	Brkineh, Frew Zenebe	Menn senior	17-10-1984	Sandnes	
287	Førde, Vincent Sondre	Menn senior	25-09-1997	Gloppen	



6 participants for event 212: Tresteg menn (Menn senior)

\* PLANNED: 15:45:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	003 Flåtnes, Henrik	Menn senior	26-12-2001	Tønsberg	
	257 Raa, Erlend Bolstad	Menn senior	31-03-2000	Fana	
	132 Byrkjenes, Jonathan Varela	Menn senior	24-09-1991	Norna-Salhus	
	060 Almsengen, Sindre	Menn senior	16-02-1985	Tjalve	
	084 Vestbø, Jesper	Menn senior	13-04-1992	Tjalve	
	277 Tronslien, Marius Kristoffer	Menn senior	02-01-1998	Sturla	

7 participants for event 214: Stav menn (Menn senior)

\* PLANNED: 14:30:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	009 Lillefosse, Pål Haugen	Menn senior	04-06-2001	Gneist	
	170 Rise, Lars Vikan	Menn senior	23-11-1988	Nidelv	
	252 Dolve, Eirik Greibrokk	Menn senior	05-05-1995	Fana	
	040 Florvaag, Per Magne	Menn senior	21-02-1993	Sandnes	
	206 Berger, Bjørn Øivind	Menn senior	31-07-1994	Pioner	
	069 Gjesdal, Andreas Fernandes Thomaz	Menn senior	22-11-1995	Tjalve	
	261 Aas, Filip	Menn senior	24-08-2000	Ullensaker	

10 participants for event 215: Slegge menn (Menn senior)

\* PLANNED: 14:00:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	074 Henriksen, Eivind Prestegård	Menn senior	14-09-1990	Tjalve	
	289 Kleppe, Steinar	Menn senior	06-03-1988	Gloppen	
	284 Grinden, Marius	Menn senior	11-02-1991	Løten	
	291 Sande, Hans	Menn senior	06-02-1996	Gloppen	
	087 Austnes, Jørgen Olsen	Menn senior	23-04-1994	Fri	
	092 Heier, Joachim	Menn senior	28-02-1996	Laksevåg	
	299 Ringen, Kjetil Røste	Menn senior	20-06-1993	Brandbu	
	008 Kolbjørnsen, Sondre	Menn senior	07-08-1995	Gneist	
	149 Nerdal, Jon Bernhard Steinkopf	Menn senior	17-02-1996	Norna-Salhus	
	286 Devik, Evald Osnes	Menn senior	19-04-1995	Gloppen	

**21 participants for event 107: 10000m kvinner (Kvinner senior)**

\* *PLANNED: 12:50:00*

**NO HEATS CREATED**

StartID	Name	Category	DOB	Club	PB
078	Pedersen, Lisbeth	Kvinner senior	20-11-1975	Tjalve	
118	Dahle, Vienna Søyland	Kvinner senior	06-01-1992	Skjalg	
033	Våg, Sigrid Jervell	Kvinner senior	06-06-1992	BUL	
280	Frenay, Tessa	Kvinner senior	27-02-1996	Halden	
262	Fjørtoft, Silje	Kvinner senior	23-06-1987	Ullensaker	
363	Bergsløkken, Ida	Kvinner senior	22-05-1985	Royal	
214	Dvergsdal, Eli Anne	Kvinner senior	19-11-1991	Gular	
373	Wågan, Maria Sagnes	Kvinner senior	22-05-1992	Namndal	
191	Epland, Pernilla Eugenie	Kvinner senior	29-11-1990	Stord	
194	Falch, Runa Skrove	Kvinner senior	23-06-1990	Vidar	
204	Solheimdal, Live Johannessen	Kvinner senior	23-09-1996	Vidar	
216	Fresvik, Kjersti	Kvinner senior	09-02-1992	Gular	
159	Salvesen, Kristin Andrea	Kvinner senior	27-10-1999	Kr.sand løp	
342	Roe, Mariann Austigard	Kvinner senior	31-01-1997	Skarphedin	
369	Novik, Maryna	Kvinner senior	12-12-1981	Klypetussen	
248	Mosbron, Ann Kristin	Kvinner senior	13-08-1980	Haugesund	
367	Kyte, Karoline Holsen	Kvinner senior	12-05-1993	Førde	
233	Kahrs, Katharina	Kvinner senior	20-01-1985	Strindheim	
098	Maridal, Hanne Mjøen	Kvinner senior	21-09-1996	Lillehammer	
374	Pharo, Heidi Dietrichson	Kvinner senior	09-05-1987	Bøler	
354	Gjølberg, Sigrun	Kvinner senior	22-10-1991	Rygge	

**12 participants for event 108: 100mh kvinner (Kvinner senior)**

*KVAL PLANNED: 10:55:00*

**NO HEATS CREATED**

StartID	Name	Category	DOB	Club	PB
355	Eikeng, Ida	Kvinner senior	25-06-1999	Urædd	
058	Wathne, Agathe Holtan	Kvinner senior	25-07-1994	Sandnes	
051	Sandberg, Emilie	Kvinner senior	12-02-2000	Sandnes	
190	Brakedal, Tone Sandtorv	Kvinner senior	04-05-1999	Stord	
198	Kloster, Line	Kvinner senior	27-02-1990	Vidar	
183	Skjæggestad, Marie	Kvinner senior	18-01-1999	Tyrving	
349	Abrahamsen, Charlotte Lund	Kvinner senior	22-08-1987	Sandvin	
088	Myrmel, Lene Secher	Kvinner senior	18-05-1986	Fri	
219	Hilton, Live Haugstad	Kvinner senior	12-09-1999	Gular	
276	Løken, Josefine Grønset	Kvinner senior	25-09-1999	Sturla	
270	Kjerpeset, Kristi Strømmen	Kvinner senior	13-01-1998	Florø	
113	Dalen, Tine	Kvinner senior	02-11-1990	Bækkelagets SK	

**13 participants for event 112: Tresteg kvinner (Kvinner senior)**

\* PLANNED: 12:50:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	242 Nyborg, Emily	Kvinner senior	25-07-1998	Steinkjer	
	152 Søvik, Elise Sanden	Kvinner senior	16-07-1997	Norna-Salhus	
	278 Vråle, Solveig Cristina Hernandez	Kvinner senior	26-07-1999	Sturla	
	352 Fleischer, Caroline Sophie Røhm	Kvinner senior	26-10-1996	Ski	
	179 Mögenburg, Katarina	Kvinner senior	16-06-1991	Tyrving	
	150 Onstad, Oda Utsi	Kvinner senior	12-05-1990	Norna-Salhus	
	348 Marcussen, Ida	Kvinner senior	01-11-1987	Våg	
	180 Røe, Marthe Sofie Haugli	Kvinner senior	12-08-1998	Tyrving	
	129 Aarø, Guri Sellevåg	Kvinner senior	10-09-1999	Norna-Salhus	
	130 Aarø, Mari Sellevåg	Kvinner senior	13-02-1998	Norna-Salhus	
	021 Gaustad, Julie Margrete	Kvinner senior	30-05-1996	BUL	
	077 Olsholt, Sofie	Kvinner senior	08-02-1996	Tjalve	
	256 Lunde, Målfrid Pettersen	Kvinner senior	06-02-1997	Fana	

**13 participants for event 118: Diskos kvinner (Kvinner senior)**

\* PLANNED: 13:30:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	094 Llano, Paula Nedberge	Kvinner senior	01-05-1995	Laksevåg	
	274 Isene, Berit Stunes	Kvinner senior	15-01-1998	Sturla	
	142 Jaidi, Mona Ekroll	Kvinner senior	01-02-1995	Norna-Salhus	
	090 Roe, Matilde	Kvinner senior	09-10-1996	Fri	
	319 Rosvold, Elisabeth Thon	Kvinner senior	13-11-2002	Asker	
	316 Holtén, Vilde Indseth	Kvinner senior	22-01-1997	Asker	
	370 Skjevraak, Gro Hennestad	Kvinner senior	17-03-1978	Undheim	
	225 Myklebust, Oda Marie	Kvinner senior	22-03-2001	Gular	
	064 Etholm, Grete	Kvinner senior	25-01-1976	Tjalve	
	133 Fredriksen, Solveig	Kvinner senior	16-12-1992	Norna-Salhus	
	285 Bakkeliid, Else Lundestad	Kvinner senior	25-12-1976	Gloppen	
	298 Fallingen, Lotta Flatum	Kvinner senior	19-09-2002	Brandbu	
	362 Aasgård, Hedda Hauge	Kvinner senior	09-02-2001	Fil Aks-77	

**7 participants for event 120: 1000m stafett kvinner (Kvinner senior)**

\* PLANNED: 14:30:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	1 Sandnes IL 1				
	2 Sørild FIK				
	3 Tyrving IL				
	4 Norna-Salhus IL				
	5 BUL IL				
	6 Asker				
	7 Sandnes IL 2				

**34 participants for event 207: 10000m menn (Menn senior)**

\* PLANNED: 11:15:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
202	Næss, Harald Solhaug	Menn senior	02-08-1988	Vidar	
260	Skjeseth, Sigurd Ruud	Menn senior	24-12-1996	Orion	
238	Fremo, Thomas	Menn senior	27-11-1987	Fjellørnen	
251	Fines, Ola Berg	Menn senior	15-12-1990	Mosvik	
237	Lomås, Erik	Menn senior	12-01-1993	Salangen	
226	Svela, Per	Menn senior	19-03-1992	Gular	
241	Nordtug, Henrik	Menn senior	07-02-1987	Steinkjer	
196	Gramstad, Eirik	Menn senior	24-09-1984	Vidar	
230	Eide, Trond Ørjan	Menn senior	18-01-1990	Strindheim	
160	Tjørnholm, Kristian	Menn senior	19-09-1995	Kr.sand løp	
250	Tørsdal, Ole Mikal	Menn senior	21-06-1991	Haugesund	
227	Vedvik, Marius Øyre	Menn senior	18-03-1992	Gular	
235	Rypdal, Petter Mekvik	Menn senior	30-10-1993	Strindheim	
236	Sørtveit, Erlend Gjerdevik	Menn senior	17-12-1994	Strindheim	
211	Bøhmer, Jens	Menn senior	29-04-1993	Gular	
234	Pedersli, Trond Einar Moen	Menn senior	21-02-1994	Strindheim	
220	Hjellum, Magnus Sirnes	Menn senior	03-02-1994	Gular	
223	Lillefosse, Bjørnar Sandnes	Menn senior	17-07-1992	Gular	
007	Iden, Andreas	Menn senior	10-03-1995	Gneist	
229	Bjørgum, Mats	Menn senior	21-02-1994	Strindheim	
364	Flø, August Magnus Stensrød	Menn senior	28-09-1995	Fredrikstad	
119	Grønnevig, Ørjan	Menn senior	14-02-1991	Skjalg	
022	Gebretsadik, Weldu Negash	Menn senior	12-11-1986	BUL	
124	Mezngi, Zerei	Menn senior	12-01-1986	Skjalg	
231	Gebrehiwet, Haben Brhane	Menn senior	11-06-1991	Strindheim	
302	Hammer, Jonas	Menn senior	10-03-1991	Lørenskog	
038	Brkineh, Frew Zenebe	Menn senior	17-10-1984	Sandnes	
293	Øygard, Eivind	Menn senior	18-02-1992	Jølster	
117	Bergseth, Simen Jerry	Menn senior	13-01-1992	Skjalg	
101	Sæther, Arne Mjelde	Menn senior	20-12-1977	Lillehammer	
145	Kvamme, Svein Roar	Menn senior	03-03-1990	Norna-Salhus	
309	Jensen, Erlend Nymark	Menn senior	26-07-1993	BFG Bergen	
002	Fjeld, Ole-Petter	Menn senior	26-08-1995	Tønsberg	
066	Fissehatsion, Okubamichael Mesfun	Menn senior	15-09-1997	Tjalve	

**3 participants for event 208: 110mh menn (Menn senior)**

\* PLANNED: 12:00:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
174	Halonen, Jonas Tapani	Menn senior	18-01-1995	Tyrving	
089	Roe, Martin	Menn senior	01-04-1992	Fri	
075	Kanestrøm, Martin Nikolai	Menn senior	23-11-1996	Tjalve	

**6 participants for event 209: 400mh menn (Menn senior)**

\* PLANNED: 13:40:00

NO HEATS CREATED

	StartID Name	Category	DOB	Club	PB
	052 Sandberg, Joachim	Menn senior	18-05-1995	Sandnes	
	249 Nesheim, Leonard-Johan	Menn senior	04-01-1995	Haugesund	
	168 Opsal, Toralv	Menn senior	09-03-1998	Dimna	
	169 Warholm, Karsten	Menn senior	28-02-1996	Dimna	
	187 Semb, Henrik	Menn senior	12-03-1996	Larvik Turn	
	095 Orbekk, Christian Steen	Menn senior	30-12-1997	Laksevåg	

**9 participants for event 213: Høyde menn (Menn senior)**

\* PLANNED: 13:15:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	177 Jahr, Frederik	Menn senior	01-06-1991	Tyrving	
	253 Ellingsen, Brede Raa	Menn senior	13-12-1988	Fana	
	026 Nilsen, Ivan Kristoffer	Menn senior	28-03-1989	BUL	
	252 Dolve, Eirik Greibrokk	Menn senior	05-05-1995	Fana	
	245 Eikje, Sindre Gelius	Menn senior	12-06-1994	Haugesund	
	254 Ellingsen, Vetle Raa	Menn senior	16-04-2000	Fana	
	257 Raa, Erlend Bolstad	Menn senior	31-03-2000	Fana	
	107 Mangset, Jon Simen Hilstad	Menn senior	06-06-1996	Moelven	
	076 Koksvik, Storm Håkon	Menn senior	20-08-1998	Tjalve	

**5 participants for event 216: Kule menn (Menn senior)**

\* PLANNED: 13:50:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	275 Isene, Ola Stunes	Menn senior	29-01-1995	Sturla	
	081 Rosvold, Thor Olav	Menn senior	02-07-1996	Tjalve	
	151 Skagestad, Sven Martin Nilssen	Menn senior	13-01-1995	Norna-Salhus	
	083 Thomsen, Marcus Gunnarson	Menn senior	07-01-1998	Tjalve	
	203 Rozporski, Michal Pawel	Menn senior	20-12-1988	Vidar	

**6 participants for event 217: Spyd menn (Menn senior)**

\* PLANNED: 12:05:00

NO HEATS CREATED

Order	StartID Name	Category	DOB	Club	PB
	282 Stenersrød, Christer	Menn senior	17-05-1991	Halden	
	300 Bottenvik, Vebjørn Kaldahl	Menn senior	13-01-1995	Bryne	
	134 Fridriksson, Gardar Johann Rochman Fagerlund	Menn senior	08-02-1994	Norna-Salhus	
	175 Høyland, Sondre Alexander	Menn senior	20-05-1998	Tyrving	
	279 Bjørklund, Jarl Bernhard	Menn senior	27-01-1997	Halden	
	182 Sagen, Kasper	Menn senior	19-04-1999	Tyrving	

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9 participants for event 220: 1000m stafett menn (Menn senior)

\* PLANNED: 14:45:00

NO HEATS CREATED

StartID	Name	Category	DOB	Club	PB
8	Sandnes IL 1				
9	Ranheim IL				
10	Moelven IL				
11	IL Skjalg				
12	BUL IL				
13	Tyrving IL				
14	Norna-Salhus IL				
15	Dimna IL				
16	Sandnes IL 2				